

A N E X A 4 . 1

Nume Prenume: Oltean (Cardoș) Roxana Andreea-Ioana

Gradul didactic: Lector universitar

Instituția unde este titular:

Facultatea: Psihologie și Științe ale Educației

Departamentul: Psihologie Clinică și Psihoterapie

L I S T A

lucrărilor științifice în domeniul disciplinelor din postul didactic

A. Teza de doctorat

1. Cardoș R.A.I. (2017). O analiză multinivelară a intervențiilor mediate pe calculator pentru anxietatea de zbor cu avionul. Lucrarea coordonată de Profesor univ. dr. Daniel David, Universitatea Babeș- Bolyai din Cluj-Napoca, România.

B. Cărți și capitole în cărți publicate în ultimii 10 ani

1. David, D. O., Silviu, M. A., & **Cardos, R. A. (2020)**. Applications of Rational-Emotive and Cognitive-Behavior Technologies with Children and Adolescents. In Rational-Emotive and Cognitive-Behavioral Approaches to Child and Adolescent Mental Health: Theory, Practice, Research, Applications. (pp. 513-530). Springer, Cham.

2. David, D., **Cardoș, R.**, Cîndea, D., Oltean, H., & Ștefan, S. (2019). REBT and depressive disorders. *REBT with diverse client problems and populations*, 23-44.

3. David O.A., Oltean H., & **Cardos R.A.** (2019). REBT and parent interventions. In M.E. Bernard & W. Dryden (Eds.), REBT: Advances, in theory, research, prevention, promotion. New-York: Springer Press

4. David O.A., **Cardos R.A.**, & Oltean H. (2018). Parent and family coaching. In M.E. Bernard & W. Dryden (Eds.), REBT: Advances, in theory, research, prevention, promotion. New-York: Springer Press

C. Lucrări indexate ISI/BDI publicate în ultimii 10 ani

1. Dumitru EP, Cardoș RAI, Milea I, Gambarota F, Altoè G, David DO, Cristea IA. A meta-analysis of the association of death anxiety with psychological distress and psychopathology. *Nat Hum Behav.* 2025 Mar 3. doi: 10.1038/s41562-025-02115-7. Epub ahead of print. PMID: 40033136.

2. Cardoso, R. A., Dumitru, E. P., & David, O. A. (2024). OCD: protocol for the development and evaluation of a cognitive-behavioral prevention program for obsessive-compulsive disorder. *BMC psychiatry*, 24(1), 348.
3. Dumitru, E. P., Roxana, C. A., Oltean, H. R., Bîlc, M. I., & David, D. O. (2024). Death Anxiety in the COVID-19 Pandemic: Testing REBT Models of Psychopathology and Psychological Health of Death Anxiety. *Psychological Reports*, 00332941241242396.
4. Cardoso, R. A., Crețu, I. I., & Dumitru, E. P. (2024). Breaking the chain: The role of irrational thinking in our fear of war and death. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-10.
5. Cardoso, R. A., David, O. A., & David, D. O. (2017). Virtual reality exposure therapy in flight anxiety. *Computers in Human Behavior*, 72(C), 371-380. doi: 10.1016/j.chb.2017.03.007
6. David, O. A., Costescu, C., Cardos, R., & Mogoșe, C. (2020). How effective are serious games for promoting mental health and health behavioral change in children and adolescents? A systematic review and meta-analysis. In *Child & Youth Care Forum* (pp. 1-22). Springer US
7. David, O. A., Predatu, R., & Cardoso, R. A. (2021). Effectiveness of the RETHink therapeutic online video game in promoting mental health in children and adolescents. *Internet Interventions*, 25, 100391
8. David, O. A., Cardoso, R. A., & Matu, S. (2018). Is RETHink therapeutic game effective in preventing emotional disorders in children and adolescents? Outcomes of a randomized clinical trial. *European child & adolescent psychiatry*, 1-12
9. David, O. A., Cardoso, R. A., & Matu, S. (2018). Changes in irrational beliefs are responsible for the efficacy of the RETHink therapeutic game in preventing emotional disorders in children and adolescents: mechanisms of change analysis of a randomized clinical trial. *European child & adolescent psychiatry*, 1-12
10. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., Soflau, R., Dobrean, A., & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and Anxiety*, 1-8. doi: 10.1002/da.22654
11. Cardoso, R. A., Șoflău R., Gherman A., Sucală M., & Chiorean A. (2017). A mobile intervention for core needle biopsy related pain and anxiety: A usability study. *Journal of Evidence-Based Psychotherapies*, 17(1). doi: 10.24193/jebp.2017.1.2
12. Cardos, R. A., & Mone, I. S. (2016). Religiousness, Spirituality and Work Values: A Step Forward for Work-Life Balance?. *Journal of Evidence-Based Psychotherapies*, 16(1), 67-77
13. David O.A., Predatu R., & Cardos R.A. (accepted). A pilot study of the RETHink online video game applied for coaching emotional understanding in children and adolescents in the therapeutic video game environment: The Feeling Better resources game. *Journal of Evidence-Based Psychotherapies*
14. David, D., Bizo, A., Cimpean, A. I., Oltean, H., Cardos, R.A., Soflau, R., & Negut, A. (2017). The effect of research method type on stereotypes' content: a brief research report. *The Journal of Social Psychology*, 1-14

D. Lucrări publicate în ultimii 10 anii în reviste și volume de conferințe cu referenți (neindexate)

- Reviste



1. Cardoso, R.A., Predatu, R., & David, O. A. (2017). Development and validation of a cartoon based set of children's facial emotion stimuli for the RETHink online therapeutic game. 2nd International Congress on Cognitive Behavioral Coaching (16-19 June 2016, Athens, Greece). Bologna: Editografica.

2. Predatu, R., Cardoso, R.A., & David, O. A. (2017). Effectiveness of the RETHink online video game in coaching rational thinking skills in children and adolescents: The ThinkUP resources game. 2nd International Congress on Cognitive Behavioral Coaching (16-19 June 2016, Athens, Greece). Bologna: Editografica.

- Selecție cu maximum 20 lucrări în volume de conferințe

E. Brevete obținute în întreaga activitate

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Data:

19. 05.2025

Semnătura:

Oltean (Cardoș) Roxana Andreea- Ioana

A handwritten signature in blue ink, appearing to be 'Oltean' or similar, written over a faint circular stamp.