



Anand Pillai

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EDUCAȚIE ȘI FORMARE PROFESIONALĂ

- [2022] **Diplomă în Medicină (Fotbal)**
FIFA

- [2021] **Certificat de Martor Expert**
Universitatea din Aberdeen
Țara: Regatul Unit |

- [2021] **Certificat Cardiff University Bond Solon**
Universitatea din Cardiff

- [2015] **Diplomă Postuniversitară în Educație Clinică**
Colegiul Regal al Medicilor Chirurghi din Glasgow
Țara: Regatul Unit |

- [2010] **Certificat de Competență Clinică în Chirurgie Ortopedică și Traumatologică (CCT)**
Consiliul Medical General al Regatului Unit (GMC)

- [2008] **Bursă în Chirurgie Ortopedică și Traumatologică**
Colegiul Regal al Chirurghilor din Edinburgh
Țara: Regatul Unit |

- [2006] **Certificat de Formare în Chirurgie Ortopedică și Traumatologică (CCBST)**
Colegiile Chirurgicale Regale din Marea Britanie și Irlanda

- [2003] **Membru al Colegiului Regal al Chirurghilor**
Colegiul Regal al Chirurghilor din Edinburgh
Țara: Regatul Unit |

- [1996 – 1999] **Master în Chirurgie Ortopedică**
Colegiul Medical Kasturba

- [1989 – 1995] **Diplomă în Medicină Generală**
Colegiul Medical Guvernamental din Trivandrum

EXPERIENȚA PROFESIO- NALĂ

- [2020] **Lector Clinic Senior**
Universitatea din Liverpool
Poziție onorifică de Lector Clinic Senior la Universitatea din Liverpool.

- [2020] **Cadru Didactic Asociat**
Universitatea din Dundee

- [2020] **Profesor Adjunct Invitat de Ortopedie**



Universitatea de Medicină din Manipal

[2020] **Coordonator al Modulului de Reumatologie (Picior și Gleză)**

Universitatea din Manchester

[2019] **Membru al Comisiei de Specialiști în Chirurgie**

Colegiului Regal al Chirurgilor din Edinburgh

[2019] **Profesor Adjunct de Ortopedie**

Universitatea Medicală și Științifică din Ras Al Khaimah

Poziție onorifică de Adjunct în domeniul ortopediei la Universitatea Medicală și Științifică din Ras Al Khaimah.

[2017 – 2021] **Membru al Grupului de Design pentru Selecție**

Educația pentru Sănătate a Angliei

[2016] **Lector Senior Invitat**

Universitatea din Malaya

[2016] **Lector Clinic Senior**

Universitatea din Manchester

[2014] **Examinator Invitat. Proteze și Ortopedie Funcțională**

Universitatea din Strathclyde

Examinator Invitat în domeniul protezelor și ortopediei funcționale la Universitatea din Strathclyde.

[2013] **Examinator MSc în Ortopedie**

Universitatea din Salford

Examinator pentru programul de Master în Ortopedie la Universitatea din Salford.

[2010] **Lector Clinic**

Universitatea din Adelaide

[2010 – 2012] **Profesor Clinic Senior**

Universitatea din Dundee

Poziție onorifică de Profesor Clinic Senior la Universitatea din Dundee.

Lector Clinic Senior

Universitatea din Salford

Poziție onorifică de Lector Clinic Senior la Universitatea din Salford.

CONFERINȚE ȘI SEMINARE

Poly trauma, Complex Adult and Paediatric trauma

The John Radcliffe Hospitals, Oxford

Lower Limb Peri-articular and Foot & Ankle Trauma The John Radcliffe Hospitals, Oxford

Primary and revision hip and knee arthroplasty including complex primary joints.

The Queen Elizabeth Hospital , Adelaide, Australia



Primary and revision hip Arthroplasty. Young hip pathology. Knee Arthroplasty and Trauma.

Crosshouse Hospital

DDH, Perthe's, Pelvic and Acetabular osteotomy. Erb's palsy

Hospital for Sick Children. Yorkhill

Scottish national brachial plexus injury referral unit. Hand and upper limb surgery

Victoria Infirmary

Shoulder and elbow surgery. Arthroscopic shoulder surgery

Western Infirmary
Glasgow

Primary and revision hip arthroplasty, Resurfacing, Foot surgery, Adult trauma, Specialist hip clinics.

Inverclyde Royal Hospital

Upper limb and hand. Primary arthroplasty. Sports Injuries

Dumfries & Galloway
Royal Infirmary

First on call. Routine ward and emergency work. Fracture & Orthopaedic clinics. Exposure to principles of audit, clinical governance and evidence based medicine.

Royal Alexandra Hospital

PUBLICAȚII

Long Term Outcomes of Open Plantar Fascia Release

Referință: Foot and Ankle International. 2016

Calcium Sulphate Antibiotic Carriers. Editorial

Referință: Orthop Muscular Syst 2015

Intratendinous ganglion cyst of the extensor digitorum longus tendon: A case report

Referință: The Foot 10 / 2015

Ipsilateral Intracapsular Hip Fracture 2 Years after Fixation of Extracapsular Fracture by Dynamic Hip Screw

Referință: Journal of Orthopaedic Case Reports 2015

The role of compression in the management of soft tissue ankle injuries: a systematic review

Referință: European Journal of Orthopaedic Surgery & Traumatology 02/2015

Acute fractures of the paediatric foot and ankle

Referință: World Journal of Paediatrics 02/2015

A Case Report on the Treatment of Methicillin-Resistant Staphylococcus Aureus (MRSA) Infected Tibial Internal Fixation with Calcium Sulphate

Referință: Orthop Muscular Syst 4: 195

Safety and efficacy of forefoot surgery under ankle block anaesthesia

Referință: Scott Med J. 2014



Management of recurrent multiple osteochondral lesions of the talus (OCLT) in a young active patient

Referință: J Clin Orthop Trauma. Jun 2014

Surgical tip: Titanium foam blocks can simplify fusion of failed total ankle replacements

Referință: Foot (Edinb). 2014

A rare case of an osteochondral lesion of the tarsal navicular with a subacute stress fracture in a high level athlete

Referință: Foot (Edinb). 2014

Retrofibular Osteochondroma with Peroneal Tendon Subluxation

Referință: The Foot 10/2014

The metatarsosesamoid joint: An in vitro 3D quantitative assessment

Referință: Foot and Ankle Surgery 08/2014

Considerations in Pre-Operative Assessment of Rheumatoid Patients

Referință: MOJ Orthop Rheumatol

Diabetic ankle fractures: a review of the literature and an introduction to the Adelaide fracture in the diabetic ankle algorithm and score

Referință: BioMed research international. 01/2014

Forefoot surgery as a day case: Compliance of same day discharge and patient satisfaction

Referință: International Journal of Surgery (London, England) 10/2013

Sesamoiditis of the metatarsophalangeal joint

Referință: OA Orthopaedics 2013 Sep 09

Accessory muscles around the foot and ankle presenting as chronic undiagnosed pain. An illustrative case report and review of the literature

Referință: The Foot 08/2013

The diagnostic accuracy of radionuclide arthrography for prosthetic loosening in hip and knee arthroplasty

Referință: BioMed research international. 01/2013

[A novel technique for administering lower limb skeletal traction in morbidly obese patients](#)

Referință: Research 2014;1:1269

[The geko device: a novel treatment for the reduction of post-operative swelling following forefoot surgery](#)

Referință: Research 2014;1:1272

[The dynamic coleman block test: a novel examination technique for cavo-varus feet](#)

Referință: Research 2014;1:850



Opinions and practices relating to primary hip arthroplasty dislocation: a survey of 105 Scottish orthopaedic consultants

Referință: Research 2014;1:820

Early complications and radiological outcomes of internal fixation of calcaneus fractures

Referință: Research 2014;1:819

The Anterior Extensile Approach for Talar Neck Fractures, A Cadaveric & Clinical Study

Referință: The Foot 06/2013

A modified 1-stage technique for the treatment of brachymetatarsia

Referință: Foot Ankle Spec. 2012

Early post-operative results of neglected tendo-achilles rupture reconstruction using short flexor hallucis longus tendon transfer: a prospective review

Referință: Foot (Edinb). 2012

TOTAL ANKLE REPLACEMENT: A REVIEW

Referință: American Medical Journal 4 (1): 255-259, 2013

Ankle Arthritis: Ethical Issues for the Orthopaedic Surgeon

Referință: Orthop Muscul Syst 2012

Are we missing post-thrombotic syndrome? An orthopaedic perspective in lower limb arthroplasty

Referință: Thrombosis. 2012

Ankle Arthritis and Ankle replacement: An overview

Referință: Orthopaedic and Trauma Times. July 2011

Assessing the Accuracy of Bone Resection by Cutting Blocks in Patient-Specific Total Knee Replacements

Referință: ISRN Orthopedics, vol. 2012, Article ID 509750, 4 pages, 2012

Rivaroxaban and its Effect on International Normalised Ratio-A Prospective Study of 28 Hip and Knee Arthroplasty Patients

Referință: American Medical Journal. Volume 3, Issue 2 .Pages 126-129

Outcomes of Open Subacromial Decompression after Failed Arthroscopic Acromioplasty

Referință: ISRN Surg. 2012

Accuracy of the Graf static technique of ultrasound examination of neo-natal hips

Referință: Archives of Orthopaedics and Trauma Surgery. Vol 131

Age Related Incidence and Early Outcomes of Hip Fractures: A Prospective Cohort Study of 1177 patients

Referință: J Orthop Surg Res. 2011



Femoral Neck Resorption following Hybrid Metal on Metal Hip Resurfacing Arthroplasty. A radiographic and biomechanical evaluation

Referință: Archives of Orthopaedic and Trauma Surgery, Vol 130, 12, 2010. Pages 1433-1438

Podium Presentation –

1. European Hip Society Meeting. Antalya. Turkey. June 2006.
2. Pan Celtic Orthopaedic Meet. Seamill Hydro. 2006

Survival trends in Osteosarcoma of Humerus

Referință: European Journal of Cancer Care. Vol 17, No 3, May 2008 , pp. 261-269

Traumatic Cervical Haematomyelia. A rare form of SCIWORA

Referință: Journal of Trauma. 65(4):938-941, October 2008

The modified Essex –Loprestii / Westheus maneuver for Calcaneal fractures

Referință: Acta Orthopaedica Belgica. 2007, N° 1 (Vol. 73/1) p.83-87

Bilateral Patellar Tendon Ruptures. A missed diagnosis. Case report and review of literature

Referință: Knee Surgery, Sports Traumatology, Arthroscopy. Nov 2007, Vol 15, No 11.

Scaphoid Fractures: Variation in radiographic views. A survey of current practice in the West of Scotland region

Referință: European Journal of Emergency Medicine. 2007, Vol 14 (1). 2-5

Podium Presentation- Audit Symposium. Royal College of Surgeons. Edinburgh. March 2006.

Poster Presentation – British Trauma Society. Athens. September 2005.

Abstract – Royal College of Surgeons Edinburgh. Surgical Skills Website

Hand Tumours Presenting as Pathological Fractures

Referință: Acta Orthopaedica Belgica., N° 2 (Vol. 73/2). 2007 p.192-195

Poster Presentation – British Hand Society Meeting, London, November 2005

The Electronic Immediate Discharge Document. Experience from the South West of Scotland

Referință: Informatics in Primary Care. 2004 Vol 12, No 2, Pages 67-73

Podium Presentation- Audit Symposium. Royal College of Surgeons. Edinburgh. March 2004.

Poster Presentation

1. WONCA Europe Regional Conference. Amsterdam. June 2004.
2. RCGP Spring Meeting. Bournemouth. April 2004.

Dose area product measurement in orthopaedic trauma. An attempt at establishing a local diagnostic reference level

Referință: Radiography (London). Vol. 10(2) (pp 103-107), 2004



Podium Presentation

1. European Orthopaedic Research Society. Lisbon. June 2005.
2. IRMER Meeting. Royal Marsden Hospital, London. November 2003.

Poster Presentation

1. 11th Meeting of Combined Orthopaedic Associations. Sydney. October 2004.
2. British Trauma Society Annual Scientific Meeting. London. October 2003.

Antibiotic and Thrombo-embolic Prophylaxis in Hip and Knee Arthroplasty in Scotland

Referință: Quality in Primary Care. Vol. 12(2) (pp 103-107), 2004

Podium Presentation - Audit Symposium. Royal College of Surgeons. Edinburgh. March 2004.

Poster Presentation - 52nd congress of Nordic Orthopaedic Federation. Reykjavik. June 2004.

Fracture Talk -Do we understand each other?

Referință: Journal of the Royal College of General Practitioners Scotland. Edition 37: Summer 03

Poster Presentation - RCGP Spring Meeting. Bournemouth. April 2004.

Acromioplasty -Outcome Measurement after Arthroscopic and Open Procedures

Referință: Quality Matters. NHS Dumfries and Galloway. Issue 6. Autumn/ Winter 2003

Podium Presentation- South Australian Orthopaedic Association Meeting. Adelaide, March 2004.

Poster Presentation- 5th Central European Orthopaedic Congress. Prague. June 2004.

Giant Cell Tumours of Bone - A clinical study

Referință: Thesis dissertation Master of Surgery (Orthopaedics). March 1999

Minimally Invasive Hallux Valgus Surgery . Myth or Magic . A systematic review

Referință: Orthopaedics and Rheumatology Open Access. J 1 (1) 2015

External Fixator to Heal a Pathological Tibial Shaft Fracture

Referință: J Osteopor Phys Act 2015. 3:2

Platelet-Rich Plasma Therapies in Lateral Epicondylitis: Are we Asking the Right Questions?

Referință: Orthopaedic & Muscular System: Current Research 2014

Investigating the Factors that Impact Patient Reported Outcomes and Experience in Elective Foot and Ankle Surgery

Referință: Orthopaedic Research Online Journal. October 2018

The Differences in Patient Reported Outcomes and Experience between Cheilectomy and Fusion of the 1st MTPJ for Hallux Rigidus

Referință: Orthopaedic Research Online Journal. October 2018. DOI: 10.31031/OPROJ.2018.04.000590; Orthopaedic Proceedings 2017 99-B:SUPP_9, 31-31



End-capping of amputation stumps with a local antibiotic containing hydroxyapatite bio-composite - A report of 13 cases with chronic lower limb osteomyelitis

Referință: Journal of Orthopaedics. November 2019. DOI: 10.1016/j.jor.2019.11.007

Re-Admission to Orthopaedics Department in Salford Royal Foundation Trust Hospital Results of Local Audit

Referință: J Phy Fit Treatment & Sports. November 2019

Local flaps vs. Free flaps for complex lower limb fractures: effect of flap choice on patient-reported outcomes

Referință: Journal of Orthopaedics. November 2019. DOI: 10.1016/j.jor.2019.11.016

Review of The Currently Available Evidence for The Management of Metastatic Spinal Cord Compression Secondary to Breast Carcinoma

Referință: November 2019. DOI: 10.19080/JPFMTS.2019.07.555704

A novel technique for fabricating antibiotic-coated intramedullary nails using an antibiotic-loaded calcium sulphate hydroxyapatite bio-composite, Cerament-V

Referință: Journal of Surgical Case Reports. November 2019(11). DOI: 10.1093/jscr/rjz327

The CT gap sign, a case of failure to seat the polythene component in total ankle replacement (infinity)

Referință: Journal of Surgical Case Reports. March 2020(3). DOI: 10.1093/jscr/rjz363

Management of Talar Avascular Necrosis by Subtalar Fusion and Grafting Resulting in Increased Blood Flow -Case Report and Review of Literature

Referință: SCIRES Literature -Volume 4 Issue 1 -www.scireslit.com. April 2020

Atraumatic Os Peroneum Fracture and Retraction of Peroneus Longus Tendon – Case Report and Review of Literature

Referință: Human Journals Case Report May 2020 Vol.:15

Cartiva case series: The efficacy of the cartiva synthetic cartilage implant interpositional arthroplasty at one year

Referință: Journal of Orthopaedics, June 2020.DOI: 10.1016/j.jor.2020.05.009

Current concepts review: The management of acute and recurrent patellar dislocation

Referință: Journal of Arthroscopy and Joint Surgery 7(3). July 2020. DOI: 10.1016/j.jajs.2020.06.010

Joint sparing management of hallux rigidus: Cartiva SCI vs cheilectomy a comparative review

Referință: Journal of Orthopaedics 21. July 2020. DOI: 10.1016/j.jor.2020.07.004

Changing perceptions during the COVID-19 pandemic peak in the UK

Referință: Transient Journal of COVID Orthopaedics. July 2020



Posterior Stabilisation Without Formal Debridement for The Treatment of Non-Tuberculous Pyogenic Spinal Infection in Frail and Debilitated Population – A Systematic Review and Meta-Analysis

Referință: Journal of Clinical Orthopaedics and Trauma. Nov 2020

Sciatica Presentations and Predictors of Poor Outcomes Following Surgical Decompression of Herniated Lumbar Discs: A Review Article

Referință: reus Journal . November 2020. DOI: 10.7759/cureus.11605

The Current UK Consensus on the Management of Weber B and Posterior Ankle Fractures: A Questionnaire Study as Part of the Acute Management of Ankle Fractures (AUGMENT) Audit

Referință: The Journal of foot and ankle surgery: 60(387) DOI: 10.1053/j.jfas.2020.04.023

Autologous Micro Fragmented Adipose Cell Therapy for End-Stage Ankle Osteoarthritis—Case Report and Review of Literature

Referință: N Comprehensive Clinical Medicine 3(10) March 2021. DOI: 10.1007/s42399-021-00753-2

Radiological Analysis of Gentamicin Eluting Synthetic Bone Graft Substitute Used in The Management of Gustilo IIIB Open Fractures

Referință: British Journal of Surgery 108(Supplement_2) May 2021. DOI: 10.1093/bjs/zxab134.273

The UK Foot and Ankle COVID-19 National (FAICoN) audit rate of COVID-19 infection and 30-day mortality in foot and ankle surgery in the UK during the COVID-19 pandemic

Referință: Bone Jt Open. 2021 Apr; 2(4): 216–226.2021 Apr 8. doi: 10.1302/2633-1462.24.BJO-2021-0008.R1

The Impact of COVID-19 Restrictions and Changes in Guidelines on Adult Wrist Fracture Manageme

Referință: Journal of Wrist Surgery. October 2021. DOI: 10.1055/s-0041-1736608

Gastrocnemius Recession in Recalcitrant Plantar Fasciitis: A Systematic Review

Referință: The Journal of foot and ankle surgery: November 61(8) . DOI: 10.1053/j.jfas.2021.10.029

A Unique Case of Glenohumeral Joint Septic Arthritis by Streptobacillus Moniliformis

Referință: December 2021

Radiological Analysis of Gentamicin Eluting Synthetic Bone Graft Substitute Used in the Management of Patients with Traumatic Bone Voids

Referință: Cureus 14(1) January 2022 .DOI: 10.7759/cureus.20969

Foreign Body Reaction with Granuloma 10 Years After Achilles Tendon Reconstruction with the LARS Ligament

Referință: February 2022. DOI: 10.31487/j.RGM.2021.02.04



Rate of COVID-19 infection and 30-day mortality between Blue and Green (Dedicated COVID-19 safe) pathways: Results from Phase 1 and 2 of the UK Foot and Ankle COVID-19 National (UK-FAICoN) Audit

Referință: Foot Ankle Surg. 2022 Oct; 28(7): 1055–1063. doi: 10.1016/j.fas.2022.02.017

One-Stage Combined “Fix and Flap” Approach for Complex Open Gustilo-Anderson IIIB Lower Limbs Fractures. A Prospective Review of 102 Cases

Referință: Archives of Orthopaedic and Trauma Surgery 142(7) March 2022.DOI: 10.1007/s00402-020-03705-y

Post-interventional Outcomes in the Management of Adult Calcaneonavicular Coalitions: A Systematic Review

Referință: November 2022 .Cureus 14(11). DOI: 10.7759/cureus.31253

A comparison of internal fixation and hemiarthroplasty in the management of un- or minimally displaced hip fractures in patients over 60 years old

Referință: Injury Journal November 2022DOI: 10.1016/j.injury.2022.11.065

Podium Presentation –

British Hip Society March 2022

EFORT Lisbon July 2022

SICOT Malaysia September 2022

[Orthopaedic trauma hospital outcomes - Patient operative delays \(ORTHOPOD\) Study: The management of day-case orthopaedic trauma in the United Kingdom](#)

Referință: Injury 54 (2023) 1588–159. March 2023

Socioeconomic Deprivation as a Predictor of Lower Limb Amputation in Diabetic Foot Disease

Referință: Cureus 15(8): e44426. DOI 10.7759/cureus.44426. August 2023

Brace for Impact: A Retrospective Analysis of the Modified Broström-Gould Procedure with and without Internal Brace Augmentation

Referință: Cureus 15(9): e44563. DOI 10.7759/cureus.44563 September 2023

Enhancing Consistency in Posterior Malleolus Fracture Classification: A Comprehensive Interobserver Reliability Study With 20 Raters Using the Mason & Molloy Classification

Referință: Cureus 15(11): e48586. DOI10.7759/cureus.48586. September 2023

Can a Fully Electronic Patient Record-Based Virtual Fracture Clinic Increase Compliance with British Orthopaedic Association Guidelines for the Assessment of Acute Orthopaedic Trauma Patients?

Referință: Cureus 15(10): e46942. DOI10.7759/cureus.46942. October 2023.

The Impact of COVID-19 on the Neck of Femur Fracture Service in a Tertiary Care Hospital in the United Kingdom

Referință: Cureus 15(10): e47298. DOI 10.7759/cureus.4729. October 2023



The Impact of the COVID-19 Pandemic and Lockdown on Adult Foot and Ankle Fractures Presenting to the Largest Trust in the United Kingdom

Referință: Cureus 15(11): e48262. DOI 10.7759/cureus.48262. November 2023

Foreign Body Reaction Following Achilles Tendon Reconstruction with the Ligament Advanced Reconstructive System: Patient Outcomes and Clinical Course

Referință: Cureus 15(11): e48686. DOI 10.7759/cureus.48686. November 2023

Can the Presence of an Orthopaedic Doctor in the Emergency Department Reduce Waiting Times for MRI Scans and Inpatient Stays?

Referință: Cureus 15(11): e49284. DOI 10.7759/cureus.49284. November 2023.

Outcomes Following Surgical Fixation of Gustilo Anderson IIIB open Tibial Fractures

Referință: Accepted for publication Acta Orthopaedica Belgica. December 2023

Biochemical and Patient factors as predictors for Multiple Surgeries in Diabetic foot Disease

Referință: Accepted for Publication Practical Diabetes October 2023

Geographical Paradox: Microbiological Profile and Antibiotic Resistance of Diabetic Foot Infection in North-West England

Referință: Accepted for Publication Practical Diabetes November 2023

Closed, Atraumatic, and Spontaneous Extensor Hallucis Longus Tendon Rupture Following Multiple Steroid Injections and Presence of Talonavicular Osteophyte Repaired using a Turndown Flap: A Case Report

Referință: Journal of Orthopaedic Case Reports 2023 December:13(12)

COMPETENȚE ORGANIZATORICE

GENERIC SKILLS COURSES

Consent & Negligence October 2009	NHS Education for Scotland.
Health & Safety / Disciplinary procedures October 2009	NHS Education for Scotland.
Dealing with difficult people. March 2009	NHS Education for Scotland.
Recruitment and Selection skills February 2009	NHS Education for Scotland.
Appraisal and Assessment January 2009	NHS Education for Scotland.
NHS e-library course 2003	Bell college, Hamilton March
Communication & Aggression Management August 2002	Monklands Hospital,
Critical Appraisal and Medical Statistics October, 2002	Wishaw General Hospital,



COMPETENȚE DIGITALE

Competențele mele digitale

Utilizare bună a programelor de suită Microsoft Office